Adult Preventative Care:

* Abdominal Aortic Aneurysm (This procedure is recommended if you are an adult who have smoked and is between the age of 65 and 75.)
* Alcohol Screening & Counseling
* Aspirin Daily Use (Check with your doctor about taking aspirin daily if you are in your 50s, and are smoking or have high blood pressure, diabetes, or high cholesterol.)
* Blood Pressure Screening (If you are 40 or older, or have high risk of high blood pressure, it's recommended that you check your blood pressure annually. Otherwise, check it every 3 to 5 years.)
* Cholesterol Screening (You should get your cholesterol level checked if you are a man older than 35, a man between 20-35 with high risk of heart disease, or a woman older than 20 with high risk of heart disease.)
* Colorectal Cancer Screening (You should get this test if you are more than 50 years old.)
* Depression Screening
* Diabetes Screening (You should screen for diabetes if you have high blood pressure.)
* Diet Counseling
* Hepatitis B Screening
* Hepatitis C Screening
* HIV Screening (It's always a good idea to get tested for HIV. You could have HIV and still feel fine.)
* Immunization Vaccines (There's a bunch of vaccines available, so ask your doctor to see which ones you should have. At the very least, get a flu shot every year.)
* Lung Cancer Screening (Lung cancer screening is especially necessary if you are 55 years or older with a history of smoking.)
* Obesity Screening & Counseling (Check your Body Mass Index using this calculator to see if you are at a healthy weight: <http://www.cdc.gov/healthyweight/assessing/bmi/adult_bmi/english_bmi_calculator/bmi_calculator.html>.")
* STI Prevention Counseling
* Syphilis Screening
* Tobacco Use Screening
* Bone Density Test (This is recommended if you are woman 50 years or older, or man 65 years or older.)